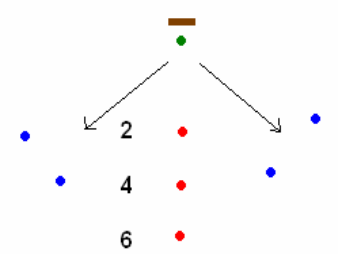



PHYSICAL EDUCATION LESSON PLAN	
Class: Key Stage Three	Date:
Activity: Stoolball	Focus: Batting
No. of Pupils:	Sequence: 3
Location: Field	Time: 50 minutes

Response to Evaluation of Previous Lesson / Learning:
<p>NC Key Concepts: Competence Performance Creativity Healthy Active Lifestyles</p> <p>This lesson allows pupils to develop their batting technique by successfully hitting the ball down. They will learn how to place the ball to the on side and some will be able to place the ball to the off side. They will use this to select and use certain shots in the game play. An understanding of how to play to different areas of the pitch allows the pupils to try and outwit the fielding opponents.</p>
NATIONAL CURRICULUM KEY PROCESSES
Learning Outcomes : This lesson will enable All pupils to:
<p>Develop Skills in Physical Activity Hit the ball down and to the on-side using the correct technique. Most: Will be able to place a shot to the on-side, having some success at hitting the ball through target areas. Some: Will be able to hit the ball down to the off-side, demonstrating success at placing the ball into target areas.</p>
<p>Make and Apply Decisions Play a shot to an area on the on-side depending on the ball that is bowled to them. They will have to move their feet in order to be successful at this. Some: Will decide whether to play the ball to the off or the on side depending on the fielding positions/ fielding strengths or the ball that has been bowled to them. They will need to move their feet and body position to play the shot successfully.</p>
<p>Evaluate and Improve Highlight a strength and an area of improvement to the batting player. Some: Will be able to highlight strengths and areas for improvement in their own and others batting performance. They are also able to give advice and suggest practices to encourage improvements.</p>
<p>Develop Physical and Mental Capacity Pupils will develop their mental determination to succeed by understanding how to outwit their opponent through bowling.</p>
<p>Making Informed Choices about Healthy Active lifestyle Pupils will be able to develop their speed and strength needed for batting in stoolball.</p>
<p>Resources/Equipment/Safety: Wickets, stoolball bats, stoolballs, cones. (Quantity depends on the size of the group). During game play all pupils should be hitting out-wards. Safety zone in middle area.</p>

Timing	ACTIVITY Organisation / Task	HOW WILL THIS BE ACHIEVED?		EVIDENCE OF LEARNING/ PUPIL PROGRESS (assessment opportunities)
		Teaching Points	Differentiation	
2 mins	State Learning Objectives- refer to front page.		Differentiated learning objectives.	Question and Answer- Refer to learning objectives throughout lesson.
5 mins	Warm Up- Rats and Rabbits.	Encourage quick, explosive runs- needed for batting in stoolball.	Start pupils closer/ further apart from each other.	Can pupils get away from their partner?
40 mins	<p>Competitive Drill- Pupils bat on their own. They can not get out- they just loose runs. They have five balls to gain as many runs as possible. Bonus runs if ball is hit through target area. Two runs gained if pupil manages to run to the first cone and back, four if to the second cone and back, six if to the third cone and back. (running decision making).</p>  <p>Start with explaining the on-side shot. Target area on the on-side. Progression: Introduce the off side shot and place a target area on the off side.</p>	<p>Batting Stance- Side on to bowler. Bat is placed on wicket (starts high). Ideally the shot should be hit hard and low to prevent being caught out, therefore bat needs to travel from high to low.</p>  <p>Hitting to the on-side (right handed batter). Front foot needs to move to the left in order to OPEN body position. This allows the bat to move across body with ease. Hitting to the off-side (right handed batter). Front foot needs to move to the right in order to CLOSE body position. (opposite for a left handed batter)</p>	<p>Less able: only introduce the on-side shot. Less able: larger target areas. More able: introduce the off side shot. More able: smaller target areas.</p>	<p>Are the pupils able to hit the shot to the area they were aiming for? Are targets being hit?</p> <p>All pupils should be able to hit the ball to the on-side. Most should be able to demonstrate some success when hitting to the off side. Some hit the target areas on both the off and on side.</p> <p>Assessment of pupils scores- are they beating their first score?</p> <p>Question and answer: what should you do to your stance in order to hit to the on side?</p>
3 mins	Plenary- gather group together and discuss the learning objectives.	Discuss all of the above teaching points	Less able: prompted answers. More able: encourage more detailed answers	Question and answer: What do we need to do to our stance in order to hit to the on-side/ off side? Where should our bat start?