

PHYSICAL EDUCATION UNIT OF WORK

KEY PHASE : 3	YEAR:	NO. OF LESSONS: 6	ACTIVITY FOCUS: Stoolball
<p>NC Range to include: Year 7 to Yr 9 with attainment levels appropriate to the school</p>			
<p>The Unit of Work will support pupils to understand a number of key concepts, which underpin the study of Physical Education in the National Curriculum:-</p> <p>Competence: to understand the context of a striking and fielding (wicket running game) and the skills required to “outwit an opponent”</p> <p>Performance: To improve skills related to fielding (bowling, throwing, catching barriers) and striking in all directions</p> <p>Creativity: To consider how to use attacking and defending play in order to maximise opportunity to score runs or minimise the opponents opportunity to score.</p> <p>Healthy Active Lifestyles: To use modified wicket running games to include all pupils in physical exercise. To encourage pupils to continue playing the game outside of the school environment</p>			
<p>Teaching and Learning The content will enable pupils to deepen and broaden their knowledge, skills and understanding. They will make progress by learning essential skills and key processes.</p>			
Key Processes			
Developing Skills in Physical Activity	The fielding skills of : attacking and defending barriers, bowling, over arm throwing and catching	The striking skills of hitting to the onside and offside	
Being Creative and Making Decisions	Decision making in fielding defensive or attacking barrier, type of throw to be effective	The striking skills of outwitting your opponent by hitting into a space	
Evaluating and Improving	Pupils to make use of assessment for learning and evaluate own and others performance	To evaluate the importance of officials in all S + F games	
Develop Physical and Mental Capacity	Ability to improve physical fitness	Understanding of the officiating requirements of the game	
Making Informed choices about Healthy Active Lifestyles	To demonstrate a local and accessible game to young children	To review the history of stoolball as an active participation over many years	

PHYSICAL EDUCATION - UNIT OF WORK

YEAR:	KS 3	CLASS:	ACTIVITY FOCUS: Striking + Fielding – Stoolball	No. of Lessons: 6
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TEACHING AND LEARNING PHASE

CONTENT	1	2	3	4
1. Learning Outcome	Application of Skills to game situation	Underarm bowling action with variations of speed and spin	Striking to the on-side / off side	Fielding skills – throwing + catching
2. Introduction	Introduction to Stoolball as a wicket running game	Target bowling	Hitting the ball down to prevent being caught out / hitting the ball into a space to maximise opportunity to score runs	Fielding skills – throwing (over arm action) and catching
3. Development	Modified games to enable previously learnt skills to be applied to the game	Modified games with focus on bowling	Batting stance and direction of strike through competitive drill	Development of skills of throwing and catching with element of decision making – when to use over arm throw / under arm throw. Place fielding into the game context
4. Conclusion	Plenary to discuss the attacking / defending principles in wicket running games	Plenary – attacking bowling to prevent runs being scored	Importance of striking into a space	Importance of minimising runs

B**PHYSICAL EDUCATION - UNIT OF WORK**

YEAR:	KS 3	CLASS:	ACTIVITY FOCUS:	No. of Lessons:
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TEACHING AND LEARNING PHASE

CONTENT	5	6		
1. Learning Outcome	Defensive fielding - barriers	Officiating – umpiring and scoring		
2. Introduction	Fielding skills – defending barriers / attacking barriers	To incorporate previously learnt skills into a game situation. To include officials		
3. Development	Drills and progression to introduce a defensive “long” barrier And an attacking “short” barrier Modified game to defend ‘scoring gates’ with barriers	Game play with the focus on roles and responsibilities of the officials of Stoolball		
4. Conclusion	To discuss the use of both attacking and defending barriers	To review the importance of officials and codes of conduct and respect for decisions		